

CURRICULUM VITAE

Prof. Ranjith W. Pallegama

B.D.S. Honours (Sri Lanka), Ph.D. (Tokyo, Japan)



Acting Director

*Centre for Quality Assurance, University of Peradeniya
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Professor in Physiology

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1. Personal Details

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|----------------------------|---|
| I. Name in full: | RANJITH WASANTHA PALLEGAMA |
| Name with Initials: | R.W.PALLEGAMA |
| II. Sex: | Male |
| III. Nationality: | Sri Lankan |
| IV. Date of Birth: | 29th December 1969 (Age- 54 years 7 months) |
| V. Family Status: | Married with a daughter of 25+ years |

2. Contact Information

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| I. Present Official Address: | Department of Basic Sciences, Faculty of Dental Sciences,
University of Peradeniya, Peradeniya 20400, Sri Lanka |
| II. Personal Address: | 50C, Kapuwatta Walauwwa-watta, Pilapitiya,
Kiribathkumbura 20442, Sri Lanka |
| III. Office Phone: | 94-81-2397558 |
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(Preferred mode of contact) |

3. Educational Qualifications

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| I. First Degree | B.D.S. (Bachelor of Dental Surgery) (Honors)
From the Faculty of Dental Sciences, University of
Peradeniya, Sri Lanka - 1997 |
| II. Postgraduate Degrees | Ph.D. (Doctor of Philosophy)
From the Department of Masticatory Function
Rehabilitation, Graduate School, Tokyo Medical and Dental
University, Tokyo, Japan - 2005 |

4. **Employment Record**

	Duration	Designation	Affiliation
I.	1997.08.19- 1999.06.25	Temporary Lecturer	Department of Basic Sciences, Faculty of Dental Sciences, University of Peradeniya, Sri Lanka
II.	1999.06.26- 2005.10.02	Lecturer	-do-
III.	2005.10.03- 2011.03.17	Senior Lecturer II	-do-
IV.	2011.03.18- 2016.06.06	Senior Lecturer I	-do-
V	2016.06.07 to-date	Professor	-do-
VI	2015.10.18- 2020.02.13	Director (Part-time)	Staff Development Center, University of Peradeniya
VII	2020.02.14- 2023.02.02	Director (Part-time)	Centre for Quality Assurance Unit, University of Peradeniya
VIII	2023.07.31-to date	Acting Director (Part- time)	Centre for Quality Assurance Unit, University of Peradeniya

5. **Overseas Training**

	Duration	Designation	Affiliation
I.	2001.10.01- 2005.09.30	Graduate Student	Department of Masticatory Function Rehabilitation, Graduate School, Tokyo Medical and Dental University, Tokyo, Japan

6. **Visiting Appointment**

	Duration	Designation	Affiliation
I.	2007, 2010 to 2018	Visiting Senior Lecturer and Examiner	Faculty of Allied Health Sciences, University of Peradeniya, Sri Lanka

7. **My Teaching Specialties**

My teaching includes the following specialties (to undergraduate and postgraduate students and professionals):

- I. General Physiology and Applied Physiology
- II. Oral Biology and Applied Oral Physiology
- III. Pain Physiology and Pain Psychology
- IV. Biostatistics
- V. Research Methodology
- VI. Medical Education

8. My Expertise Used for Training and Continuous Professional Development of Staff

- I. Philosophy and Models of Education
- II. Curriculum development and revision & Outcome based Education
- III. Quality assurance
- IV. Biological basis of memory and learning
- V. Learning strategies and approaches
- VI. Technology-assisted teaching
- VII. Innovative and interactive teaching
- VIII. Quality of Life for sustainable, effective, and efficient work output
- IX. Workplace conflicts resolution
- X. Emotional intelligence and attitude building
- XI. Motivation for career development

9. Memberships in Professional Associations

- I. Life member of the Physiological Society of Society Sri Lanka (PSSL)
- II. Member of the International Association for the Study of Pain (IASP) since 2007
- III. Member of the Neuropathic Pain Special Interested Group (NeuPSIG) and Orofacial Pain of IASP since 2008-2017
- IV. Founder member of Sri Lanka Association for the Study of Pain (SLASP) since 2008
- V. Life member of the Sri Lanka Dental Association (SLDA)

10. Current Positions/engagements

- I. Professor in Physiology, Faculty of Dental Sciences, the University of Peradeniya
- II. Acting Director, Center for Quality Assurance, University of Peradeniya
- III. A member of the Standing Committee on Quality Assurance, UGC
- IV. A member of the Standing Committee on Engineering & Architecture, UGC
- V. A member of the reviewer pool of the QAC-UGC
- VI. A member of the ADPC, University of Peradeniya
- VII. A member of several sub-committees under the Standing Committee on QA, UGC
- VIII. A member of several university-level sub-committees
- IX. A member of the Technical Advisory Committee of the Ministry of Higher Education to prepare guidelines for programme reviews of non-state universities
- X. An honorary QA consultant to the CQA Management Committee of the Sabaragamuwa University of Sri Lanka

11. Positions Held

Under the University of Peradeniya

- I. Head, Division of Physiology, Department of Basic Sciences, Faculty of Dental Sciences, University of Peradeniya (from 2011 to 2013)
- II. Member of the Unit for the Development of Dental Education from 2007 – 2015
- III. Secretary of the Research and Ethics Review Committee, Faculty of Dental Sciences from 2008 till February 2011
- IV. A member of the Arts Council, University of Peradeniya, nominated by the Faculty (2006-2007)

- V. A member Nominated by the Vice-Chancellor to the Arts Council, University of Peradeniya (2011-2012)
- VI. Member of Student Welfare and Advisory Committee (2007-2008 and 2015-2016)
- VII. Faculty Representative to ADPC, University of Peradeniya (2013 April to 2015 July)
- VIII. Faculty representative to the Senate, University of Peradeniya (2012 July to 2015 July)
- IX. Member of the Organizing Committees of the Peradeniya University Research Sessions from 2008 to 2011 and 2015 and 2016
- X. Member of the Panel of Co-Editors of the Peradeniya University Research Sessions 2007, 2008, 2010, 2011 and 2012
- XI. Member of the organizing committee of the General Convocations of the University of Peradeniya from 2007 to 2015 and led the subcommittee on photography and videography from the year 2007 to 2018 (except for three years)
- XII. Senior Treasurer (Advisor) of Students Union of Faculty of Dental Sciences (2007-2008)
- XIII. A student Mentor in the years 2006, 2008, 2011 and 2013
- XIV. Senior Student Counselor in 2014
- XV. Chairman of the Faculty Academic and Planning Committee in 2013
- XVI. Proposal writer for the University Development Grant submitted by the Faculty of Dental Sciences
- XVII. Proposal writer for AHEAD grants representing the Faculty for Results Area 1 (Increasing Enrollment in Higher Education in Priority Disciplines for Economic Development) and won a grant
- XVIII. Member of the University Sub-committee for Preserving the Institutional Memory
- XIX. A member of many technical evaluation committees and valuation committees of the University of Peradeniya since 2011
- XX. A member of many selection panels for promotions and selections of academic and non-academic staff members
- XXI. Chairman of the Technical Program Committee of the Peradeniya University International Research Sessions (iPURSE), 2016.
- XXII. Member of the Faculty Land and Building Committee (since 2007-2016)
- XXIII. Founder Chairman of the Ethics Review Committee of the Faculty of Dental Sciences since 2015 and a member since 2018
- XXIV. Convener of the committee making by-laws for the new 5-year BDS curriculum since May 2016
- XXV. Member of the Internal Quality Assurance Unit (IQAU) of the University of Peradeniya since 2016
- XXVI. A member of the Quality Assurance Cell (FQAC) of the Faculty of Dental Sciences
- XXVII. A member of the Self Evaluation Report (SER) writing team for the BDS study program for the program review by the QAC, UGC
- XXVIII. Member, Convener and Coordinator (Since 2015) of the Curriculum Development Committee of the Faculty of Dental Sciences since 2010
- XXIX. Coordinator of the Examination Unit of the Faculty of Dental Sciences
- XXX. Member of the Research and Higher Degree Committee of the Faculty of Dental Sciences
- XXXI. Member of the Web Committee of the University of Peradeniya
- XXXII. A member of the university committee to formulate promotion and recruitment schemes for the University
- XXXIII. A member of the Senate subcommittee for the formulation of examination procedures of the University

- XXXIV. Head, Division of Physiology, Department of Basic Sciences, Faculty of Dental Sciences, University of Peradeniya since 2018
- XXXV. A member of the Unit for Development of Dental Education of the Faculty of Dental Sciences
- XXXVI. A member of the Senate sub-committee developing workload calculation formula for academic staff

Positions held in outside associations, organizations, institutions and trade unions

- I. Founder Secretary of the Sri Lanka Association for the Study of Pain (2008-2009)
- II. Vice-President (2009- 2015) and the Acting Secretary (2010-2012) of the Sri Lanka Association for the Study of Pain, which is the Sri Lankan Chapter of the International Association for the Study of Pain (IASP).
- III. Member of the Board of Basic Medical Sciences of the Post Graduate Institute of Medicine, University of Colombo, Sri Lanka
- IV. Member of the speciality board in Physiology, Post Graduate Institute of Medicine, University of Colombo, Sri Lanka
- V. Secretary of the Sri Lanka Dental Association- Kandy Branch (2006-2007)
- VI. Member of the Management Committee of the Forum of Ethical Review Committees of Sri Lanka
- VII. A member of the MCQ core group in Basic Sciences, Post Graduate Institute of Medicine, University of Colombo
- VIII. The Secretary of the Peradeniya Dental Faculty Teachers Association in 2011-2013 and 2013-2014
- IX. President of the Peradeniya Dental Faculty Teachers Association in 2015 and 2016
- X. The Joint Secretary of the Federation of Peradeniya University Teachers Association in 2012-2013
- XI. A reviewer of the Project Proposals and Sites for the Quality and Innovation Grants in the Sri Lankan university system in the HETC project of the Ministry of Higher Education
- XII. Member of the Council of the Physiological Society of Sri Lanka
- XIII. I was working for the accreditation committee of the Sri Lanka Dental Association, providing a service of national interest in relation to the accreditation of oral health products.
- XIV. A member of the reviewer pool of the AHEAD project of the Ministry of Higher Education, Sri Lanka
- XV. Editorial Board Member of Sri Lanka Dental Journal (The only Dental Journal published in Sri Lanka) from 2006
- XVI. Contribution to the HETC project of the UGC from the planning stage (2009) and contribution to it as a reviewer of many proposals and study programs of different National universities in the country since 2011, 2012 and 2013.
- XVII. Member of the review panel of the Quality Assurance Council of the University Grants Commission, Sri Lanka, for program and institutional review

12. *Workshops Attended*

- I. A teaching methodology workshop of a 6-week duration was conducted by the Staff Development Center (SDC) of the University of Peradeniya for the new academic staff.
- II. A workshop on establishing National Guidelines (Ethics) for Animal Research

- III. A two-day workshop on Curriculum Revision
- IV. "Pain Psychology for Non-psychologists" on 29th August 2010 at the 13th World Congress on Pain in Montreal, Canada
- V. Several Workshops on curriculum revision and IT in teaching
- VI. A workshop series on preparing Standard Operating Procedures for Research Ethics Review Committees
- VII. Workshops on proposal writing and site evaluations of study programs organized by the HETC project of the Ministry of Higher Education
- VIII. A seminar on MCQ development organized by the Postgraduate Institute of Medicine (PGIM)
- IX. A Course on Human Subject Protection in Research
- X. Two one-day workshops on Sri Lanka Qualification Framework implementation were organized by the HETC of the UGC.
- XI. 3-day workshop on prevention of ragging and gender-based violence in the university system organized by the UGC
- XII. Several one-day workshops organized by the University Grants Commission of Sri Lanka on quality assurance and study program and proposal reviews
- XIII. Several workshops on quality assurance and program review were organized by the QAAC of the UGC
- XIV. A training workshop for the reviewers of the AHEAD proposals.
- XV. PBL workshop conducted by the Staff Development Centre of the University of Peradeniya
- XVI. A large number of workshops conducted by the QAAC/QAC of the UGC for program and institutional reviewers for QA
- XVII. A one-day workshop on Mapping SLQF with the South Asian Qualification Reference Framework (SAQRF), organized by the Ministry of Higher Education, 4th July 2024
- XVIII. "Strategic Leadership in Managing Universities" two-day workshop conducted by the Human Resources Development Unit of the University of Peradeniya (18th-19th July 2024)

13. Awards and Grants

- I. Presidential Awards for Excellence in Research 2004 (National Awards)
- II. Presidential Awards for Excellence in Research 2005 (National Awards)
- III. National Research Council Merit awards for research (National Awards) in 2013, 2014 and
- IV. 2010 International Association for the Study of Pain Education Grant (US\$ 9600) for pain education in Sri Lanka (A highly competitive grant, where only 15 grants were awarded to all the developing countries)
- V. Number of travel awards

14. Current Research Activities

- I. Somatosensory and affective states influencing the memory of pain
- II. Much collaborative research with other academics
- III. Three student research projects (undergoing) on somatosensory mechanisms; in 2022, the group supervised by me won the gold medal

15. **Post Graduate Teaching and student supervision for research**

- I. I have successfully supervised two MPhil Degree
- Name: TD. Dissanayake
University of Peradeniya
Title of the thesis: “Effectiveness of transcutaneous electrical nerve stimulation and interferential therapy on myofascial pain syndrome patients with myofascial trigger points in the upper trapezius and influence of pain catastrophizing on treatment response”
- Name: A.Y.R. Athukorala (DF/PG/2017/01)
University of Peradeniya
Title of the thesis: factors associated with pain experience among stage iii and IV oral squamous cell carcinoma (OSCC) patients undergoing surgery in a tertiary care hospital in Sri Lanka.
- II. I have been an examiner in the MD degree program conducted by the Postgraduate Institute of Medicine, University of Colombo, Sri Lanka, from 2010 till 2016 and appointed once again in 2024
- III. I have been a teacher in the teaching program conducted to prepare candidates for the selection examination of the MD degree continuously to date
- IV. I have been a supervisor of a large number of undergraduate research projects. In 2022, the group I supervised the Gold Medal for undergraduate research at the Faculty of Dental Sciences

16. **Publications**

A. **Books and Education CDs**

1. Pallegama R and Jayalath T (eds). Pain management: Current Concepts Part I . Kandy: Sri Lanka Association for the Study of Pain. 2010. (ISBN: 978-955-0559-00-8)
2. Pallegama R, Jayalath T, Pinto V (eds). Pain management: Current Concepts Part II. Kandy: Sri Lanka Association for the Study of Pain; 2011.(ISBN: 978-955-0559-01-5)
3. Pallegama R, Jayalath T, Pinto V (eds). Management of Pain: Resource CD for Primary Care Doctors and Nurses. Kandy: Sri Lanka Association for the Study of Pain; 2011.(ISBN: 978-955-0559-02-2)
4. Pallegama RW. The Handbook of Digital Dental Photography. Kandy, Sri Lanka. 2014. (ISBN: 978-955-41336-1-7)
5. Better Oral Health for Better Quality of Life. UB Dissanayake, R.W. Pallegama. (Published in the Sinhala language). Kandy. 2009.(ISBN: 978-955-817-38-2-7)
6. Pallegama RW and Thattil RO. Basic Statistics for Dental Students. Kandy, Sri Lanka. 2014. (ISBN 978-955-41336-0-0)
7. Pallegama RW and Thattil RO. Research Methodology Simplified: A Textbook for Health Sciences Students with Instructions for Self-Learning and Practice. Kandy, Sri Lanka. 2016. (ISBN 978-955-41336-2-4)
8. Learning manual on Research methodology for undergraduate students in Pharmacy of the Open University of Sri Lanka, 2022.

B. Book Chapters

- I. Pallegama RW. (2010). Pain: an Overview. In Pallegama R and Jayalath T. (ed). *Pain management: Current Concepts Part I*. Kandy: Sri Lanka Association for the Study of Pain.
- II. Rajapakse T, Wijeratne D and **Pallegama R.** (2010). Pain: Psychological Correlates. In Pallegama R and Jayalath T. (ed). *Pain management: Current Concepts Part I*. Kandy: Sri Lanka Association for the Study of Pain.
- III. Wijeratne T, Pallegama R and Wijeratne D. (2011). Assessment of Pain. In Pallegama R, Jayalath T and Pinto V. (ed). *Pain management: Current Concepts Part II*. Kandy: Sri Lanka Association for the Study of Pain.
- IV. Pallegama R. (2014). Memory, Teaching and Photography. In Arunasiri H and Samarakoon A (ed.). "*Anantha Wu Derana Sara*". Senkadagala Photo Circle and the Department of Fine Arts, University of Peradeniya. Kandy

Editorships of proceedings

- I. Co-editor of the Proceedings of the Peradeniya University Research Sessions, Volume 12. 2007
- II. Co-editor of the Proceedings of the Peradeniya University Research Sessions. Volume 13. 2008
- III. Co-editor of the Proceedings of the Peradeniya University Research Sessions, Volume 15. 2010
- IV. Co-editor of the Proceedings of the Peradeniya University Research Sessions, Volume 15. 2013
- V. Proceedings of the Second Annual Scientific Sessions of Sri Lanka Association for the Study of Pain. 2010

Editing periodicals

- VI. Editing two newsletters of the Physiological Society of Sri Lanka (PSSL) in 2015 as the editor of the PSSL

C. Peer Reviewed Research Papers

- I. **Pallegama RW**, Mendis BRRN, Thattil RO. Profile of English among dental students. Sri Lanka Journal of Medicine. 1999; 8(2): 44-50
- II. **Pallegama RW**, Sitheequ MAM, Kumarasiri PVR. Changes in cardiovascular and respiratory functions and body temperature in response to protracted dynamic activity of muscles of mastication. Sri Lanka Dental Journal. 2000; 29 (1): 36-42.
- III. **Pallegama RW**, Ranasinghe AW, Weerasinghe VS, Sitheequ MAM. Influence of masticatory muscle pain on electromyographic activities of cervical muscles in patients with myogenous temporomandibular disorders. J Oral Rehabil. 2004 May; 31(5): 423-9.
- IV. **Pallegama RW**, Aridome, K, Baba K, Ohyama T. Patients' preference for acrylic resin major connector analogues formulated for titanium alloy removable partial dentures. J Med Dent Sci. 2005 Jun; 52(2): 123-8.
- V. **Pallegama RW**, Ranasinghe AW, Weerasinghe VS, Sitheequ MAM. Anxiety and personality traits in patients with muscle related temporomandibular disorders. J Oral Rehabil. 2005 Oct; 32(10): 701-7.

- VI. **Pallegama RW**, Namano S, Aridome K, Baba K, Purnaveja S, Ohyama T. Do patients have a preference for major connector designs? *J Contemp Dent Pract.* 2006 Nov 1; (7) 5:71-09.
- VII. **Pallegama RW**, Ranasinghe AW, Weerasinghe VS, Sitheequ MAM. Use of electromyography in predicting muscle pain related to temporomandibular disorders. *Sri Lanka Dental Journal* 2006; 36 (3): 138-145.
- VIII. Baba K, Aridome K, **Pallegama RW**. Management of bruxism-induced complications in removable partial denture wearers using specially designed dentures: a clinical report. *The journal of Craniomandibular practice.* 2008 Jan; 26(1):71-76.
- IX. Arambawatta AKS, **Pallegama RW**, Nanayakkara D. Variation in enamel thickness of human premolars. *Sri Lanka Dental Journal.* 2008; 38 (02): 60-68.
- X. Fonseka M, Wijerathne KM, **Pallegama RW**, Wettasinghe KA. In vivo evaluation of the accuracy of four different Electronic Apex Locators (EALs) in working length estimation. *Sri Lanka Dental Journal.* 2010; 40(1): 16-24.
- XI. Ariyawardana A, **Pallegama R**, Sitheequ M, Ranasinghe A. Use of single- and multi-drug regimens in the management of classic (idiopathic) trigeminal neuralgia: an 11-year experience at a single Sri Lankan institution. *J Investigative Clinical Dentistry.* 2012 May; 3(2): 98-102.
- XII. Ariyasinghe S and **Pallegama R**. Predictors of academic performance of first year dental undergraduates in Sri Lanka: a re-evaluation following curriculum changes. *European Journal of Dental Education.* 2013 Feb ;17(1):57-62.
- XIII. Jayatilake JAMS, **Pallegama RW** and De Alwis EADJS. Hand Hygiene and Dental Students/ Surgeons. *Sri Lanka Dental Journal.* 2013; 43 (2): 81-87.
- XIV. **Pallegama RW**, Ariyawardana A, Ranasinghe AW, Sitheequ M, Glaros AG, Dissanayake WP, Idirimanna KS, and Jayasinghe RD. The Sinhala Version of the Pain Catastrophizing Scale: Validation and Establishment of the Factor Structure in Pain Patients and Healthy Adults. *Pain Medicine.* 2014 Oct;15(10):1734-42.
- XV. Rajapakse RMAR, **Pallegama RW**, Jayasooriya PR, Siriwardena BSMS, Attygalla AM, Hewapathirana S, Weerasinghe JU, Dias DK, Tilakaratne WM. A Retrospective analysis to determine factors contributing to the survival of patients with oral squamous cell carcinoma. *Cancer Epidemiology.* 2015 Jun; 39(3):360-6.
- XVI. Mudiyanse RM, **Pallegama RW**, Jayalath T, Dharmaratne S, Krupat E. Translation and validation of patient-practitioner orientation scale in Sri Lanka. *Educ Health (Abingdon).* 2015 Jan-Apr;28(1):35-40.
- XVII. Mudiyanse RM, **Pallegama R**, Marambe K. Students' Perceptions of Teacher Feedback and the Educational Environment as Measured by DREEM in a Medical Faculty in Sri Lanka. *J Med Sci Clin Res.* 2015;3(6):6100-6106.
- XVIII. Mudiyanse RM, de Silva SL, **Pallegama R**. Impact of Training Courses on Participant's Patient Centred Attitudes. *J Med Sci Clin Res.* 2015; 3(9):7595-7598.
- XIX. Senarathna DKVP, Jayasinghe RD, Sitheequ MAM, **Pallegama RW**, Nanayakkara S, Athauda SB. Hepatic and Hematological Effects of Antiepileptic Treatment in Patients with Trigeminal Neuralgia- A Retrospective Study. *Sri Lanka Dental Journal.* 2015; 45 (1): 4-13.
- XX. Mudiyanse RM, **Pallegama RW**, Wijesooria P. Calculation of the Rate of Unaccountable Fluid Loss; an Indicator of Severity of Leaking Fluids from Blood Vessels. *SAS J Med.* 2015; 1(3):86-92.
- XXI. Dissanayaka TD, **Pallegama RW**, Suraweera HJ, Johnson MI, Kariyawasam AP. Comparison of the Effectiveness of Transcutaneous Electrical Nerve Stimulation and Interferential Therapy on the Upper Trapezius in Myofascial Pain Syndrome: A

- Randomized Controlled Study. *Am J Phys Med Rehabil*. 2016 4th March. [Epub ahead of print]. PMID: 26945216.
- XXII. Thilakumara IP, Jayatilake JA, **Pallegama RW**, Ellepola AN. Denture-induced stomatitis and associated factors in a group of patients attending a university dental hospital in Sri Lanka. *J Investig Clin Dent*. 2016 16th March. doi: 10.1111/jicd.12211. [Epub ahead of print] PMID: 26991538.
- XXIII. **Pallegama RW**, Ariyasinghe S, Perera ED, Treede RD. Influence of Catastrophizing and Personality Traits on Recalled Ratings of Acute Pain Experience in Healthy Young Adults. *Pain Med*. 2017 1st January;18(1):49-60.
- XXIV. Nileema AJSP, Nuwan DMJ, **Pallegama RW**, Jayasinghe RD. Development of a Brief Inventory for quality evaluation of panoramic radiographs. (In Press). Manuscript number: SLDJ/2015/12. 2016; 46(2).
- XXV. Kageyama I, Yoshimura K, Satoh Y, Nanayakkara CD, **Pallegama RW**, Iwasaki SI.. Proposal for research and education: joint lectures and practicals on central nervous system anatomy and physiology. *J Physiol Sci*. 2015 30th November; [Epub ahead of print] PMID: 26621026
- XXVI. Jayasuriya NSS, Jayasundara JH and **Pallegama RW**. Efficacy of Buccal infiltration anesthesia with articaine for extraction of mandibular molars: a clinical trial. *Br J Oral Maxillofac Surg*. 2019 Apr;57(3):296-297. doi: 10.1016/j.bjoms.2019.01.018

D. Peer Reviewed Presentations at National/International Symposia

- I. **Pallegama R**, Aridome K, Baba K, Ohyama T. A within-subject preference assessment of major connector designs for Ti-6Al-7Nb alloy having equal rigidity to Co-Cr major connectors. 8th International Conference for Japan-Thailand, the co-university program for Dentistry. The prosthetic group conference. Bangkok, Thailand. 2004; Pg.34-42.
- II. **Pallegama RW**, Ariyasinghe S and Perera HAED. Influence of Personality Traits on the Attitudes Towards the Teaching Program and the Academic Performance of Dental Undergraduates. Proceedings of the Peradeniya University Research Sessions, 2007; Vol.12 (I): Pg. 126-127.
- III. Wimaladharmas WMGIK, **Pallegama RW**, Wettasinghe KA and Wijerathne KM. Filling of Simulated Lateral Canals with Different Obturation Techniques. Proceedings of the Peradeniya University Research Sessions, 2007; Vol.12 (I): Pg.118-119.
- IV. **Pallegama RW**, Ariyasinghe KSN, Perera HAED and Gunarathne MMNN. Factors influencing the memory of previous pain experiences. Proceedings of the Peradeniya University Research Sessions, 2008; Vol.13 (I): Pg.126-127.
- V. Fonseka MCN, Wijeratne KM, Wettasinghe KA and **Pallegama RW**. In vivo evaluation of the accuracy of first bound length and four different electronic apex locators in working length estimation. Proceedings of the Peradeniya University Research Sessions, 2008; Vol.13 (I): Pg.135-136.
- VI. Jayatilake JAMS, Weerasinghe I.E. and **Pallegama RW**. Effects of socioeconomic status and maternal education on mothers' knowledge on primary dentition in Yatinuwara MOH area. Proceedings of the Peradeniya University Research Sessions, 2008; Vol.13 (I): Pg.128-129.
- VII. **Pallegama RW**, Dissanayake UB, Jayatilake JAMS, Perera HAED and Tennakoon TMPB. Job satisfaction among the non-academic staff of the University of Peradeniya. Proceedings of the Peradeniya University Research Sessions, 2008; Vol.13 (I): Pg.137-138.

- VIII. **Pallegama RW**, Ariyawardena SPAG, Ranasinghe AW, Sitheequ MAM and Glaros A. Validation of the Sinhala Version of Pain Catastrophizing Scale. Proceedings of the Peradeniya University Research Sessions, 2009; Vol.14 (I): Pg.94-96.
- IX. Wijeratne KM, **Pallegama RW**, Kahawaththe KMCP and Indeewaree JKA. Comparison of the technical quality of root canal obturation done by an experienced dental surgeon and final year dental students. Proceedings of the Peradeniya University Research Sessions, 2009; Vol.14 (I): Pg. 97-99.
- X. **Pallegama RW**, Ariyasinghe S, Perera HAED. Students' Attitudes Towards Language Proficiency and Their Academic Performance. Proceedings of the Peradeniya University Research Sessions, 2009; Vol.14 (I): Pg 424-425.
- XI. **Pallegama RW.**, Ariyasinghe KSN, Perera HAED. Influence of psychological factors on experience and memory of acute pain. Proceedings of the Peradeniya University Research Sessions, 2010; Vol.15 (I): 37-39.
- XII. Wimaladharma WMGIK, Abeypala GAKK, Anandamoorthy T, **Pallegama RW**. Association between patient satisfaction and technical quality of removable partial dentures. Proceedings of the Peradeniya University Research Sessions, 2010; Vol.15 (I): 49-51.
- XIII. Pallegama LN, **Pallegama RW**, Sitheequ MAM, Weerasinghe VS, Ranasinghe AW Bite Force Transducer: A Device made to measure and control bite force of human subjects in recording EMG activity of muscles of mastication. Proceedings of the Annual Research Sessions, University of Peradeniya. December 2000; pg.193.
- XIV. Arambawatta AKS, **Pallegama RW**, Nanayakkara D, Chandrasekara M. Maxillary and mandibular arch dimensions of the Sinhalese of Sri Lanka. Sri Lanka Dental Association. Annual Scientific Sessions, Proceedings and Abstracts, June 2000; pg.26.
- XV. Baba K, Pallegama R, Aridome K, Yamazaki M. Management of sleep bruxism in partially edentulous patients. Sino-Japanese Conference on Stomatology, 2005; Abstracts of papers.
- XVI. Arambawatta AKS, Nawaratnam B, **Pallegama RW**, Nanayakkara D. Variation in enamel thickness of human premolars, Sri Lanka Dental Association (Kandy Branch) Annual Scientific Sessions. April 2007; Pg.12.
- XVII. Dissanayaka UB and **Pallegama RW**. Quality of Manuscripts Reporting Original Research Submitted to the Sri Lanka Dental Journal. Conference Manual of 75th Anniversary Annual Scientific Sessions of Sri Lanka Dental Association. 2008; Pg.62-63.
- XVIII. Abeysuriya C, Dissanayake UB, Rajaratne SA, **Pallegama RW**, Amaratunga EAPD. Association between overexpression of p53/Cyclin D1/Bcl-2 and histopathological features of Bryne's malignancy grading in Oral Squamous Cell Carcinomas (OSCCs).Sri Lanka Dental Association 77th Year Annual scientific sessions, June 2009; Pg.26.
- XIX. Ariyawardana SP, **Pallegama RW**, Sitheequ MA, Jayasinghe R, Ranasinghe A. Single versus multidrug therapy for trigeminal neuralgia: a retrospective study. 13th World Congress on Pain, International Association for the Study of Pain, Montreal Canada, 2010; Abstract CD. Presentation Number: PM 107.
- XX. Jayasooriya P, Dissanayake U, **Pallegama R**. Effectiveness of Oral Health Education Program conducted for a Sample of Sri Lankan School Teachers. Conference Manual and Book of Abstracts.32nd Asia Pacific Dental Congress. Colombo Sri Lanka, May 2010; Pg. 131.
- XXI. Abeysuriya C, Dissanayake UB, Rajaratne SA, **Pallegama RW**, Amaratunga EAPD. Prognostic Significance of Bcl2, Cyclin D1, and P53 Expression with reference to Time of Recurrence and rate of survival of patients with oral squamous cell carcinoma. Conference Manual and Book of Abstracts. 32nd Asia Pacific Dental Congress. Colombo, Sri Lanka. May 2010; Pg.137.

- XXII. Rajapakse RMAR, **Pallegama RW**, Jayasooriya PR, Siriwardena BSMS, Dias DK, Attygalla AM, Hewapathirana S, Ekanayake MKB, Weerasinghe JU, Tilakaratne WM. A retrospective Analysis to determine factors influencing the management of patients with oral squamous cell carcinoma. Conference Manual and Book of Abstracts. 32nd Asia Pacific Dental Congress. Colombo, Sri Lanka. May 2010; Pg.138.
- XXIII. Hewapathirana HLI, Jayalath WATA, **Pallegama RW**. The pattern of stroke subtypes in Kandy: a hospital-based study. The book of Abstracts of The Kandy Society of Medicine, 33rd Annual Academic Sessions, February 2011; Pg. 47.
- XXIV. HLI Hewapathirana, WATA Jayalath, **RW Pallegama**. Presence of modifiable vascular risk factors of stroke: a hospital-based study. The book of Abstracts of The Kandy Society of Medicine, 33rd Annual Academic Sessions, February 2011; Pg. 44.
- XXV. Jayawardana RADWU, Fernando DAT, Priyadarshani WDMD, Lakmali PKGT, Jeewani NPN, Kumari WAKD, Nadaraja T, Amunugama ARMSS, Rajaratne AAJR, Liyanage E and **Pallegama RW**. Evaluation of Awareness of physiotherapy and Identification of the most vulnerable region to injury among school-level hockey players in the Kandy educational zone. Proceedings of the Peradeniya University Research Sessions, 2011; Vol.16: Pg.58.
- XXVI. Thilakumara IP, Jayasooriya PR, Jayatilake JAMS, Abeypala GAKK, Liyanage RLPR and **Pallegama RW**. Denture-induced stomatitis and associated factors in patients attending the Dental Hospital, Peradeniya Sri Lanka. Proceedings of the Peradeniya University Research Sessions, 2011; Vol.16: Pg.69.
- XXVII. Jayasinghe JAVP and **Pallegama RW**. Dental practitioners' views on adequacy of undergraduate training in dental Laboratory technology. Proceedings of the Peradeniya University Research Sessions, 2011; Vol.16: Pg.70.
- XXVIII. Medawala RMSHB, Sitheequ MAM, Ranasinghe AW, **Pallegama RW**, Ratnayake DRDL, Jayasinghe RD Effectiveness of occlusal splint therapy on disc interference disorders of the temporomandibular joint- A retrospective study. The program and abstracts of 25th Annual Academic Sessions of College of Dentistry and Stomatology of Sri Lanka, 2012; Pg. 49-50.
- XXIX. Gunarathne TGNS, **Pallegama RW**, Nanayakkara Saman. Influence of pain catastrophizing on analgesic consumption among pain-free allied health science undergraduates. Book of Abstracts of the Peradeniya University Research Sessions, 2012; Vol.17: Pg.109.
- XXX. Dissanayaka TD, Kariyawasam A, **Pallegama RW**, Suraweera HJ, Dassanayake T. Immediate effectiveness of transcutaneous electrical nerve stimulation (tens) in treating trigger points of the upper trapezius in myofascial pain syndrome: A preliminary study. Book of Abstracts of the Peradeniya University Research Sessions, 2012; Vol.17: Pg.110.
- XXXI. Thilakumara IP, Jayasooriya PR, Jayatilake JAMS, Abeypala GAKK, **Pallegama RW**. Factors associated with denture-induced stomatitis: A comparative study. Book of Abstracts of the Peradeniya University Research Sessions, 2012; Vol.17: Pg.114.
- XXXII. Weerasekara RMIM, Cader F, **Pallegama RW**, Banneheka BMHSK. Awareness about spinal cord injuries among school athletes of the Kandy educational zone. Book of Abstracts of the Peradeniya University Research Sessions, 2012; Vol.17: Pg.282.
- XXXIII. Mahadevan Jeyasuthan, Gunatilaka Sanjeewa, Thevarajah Vaitheky, **Pallegama Ranjith**. An assessment of nurses' awareness of radiation exposures associated with diagnostic imaging investigations. Abstract proceedings of the International Conference on Global Public Health, Colombo Sri Lanka, 2012; Pg.54.

- XXXIV. Mudiyanse RM, **Pallegama RW**. Rate of unaccountable fluid loss as an indicator of fluid leak in DHF patients. Proceedings and Abstracts of the 34th Annual Academic Sessions of the Kandy Society of Medicine, 2012; Pg. 38.
- XXXV. Mudiyanse RM, **Pallegama RW**. Comparison of extended matching item (EMI), true/false and single best answer questions (SBA). Proceedings and Abstracts of the 34th Annual Academic Sessions of the Kandy Society of Medicine, 2012; Pg. 45.
- XXXVI. Idirimanna IRKS, **Pallegama RW**. The motivation of the staff members of the sports medicine unit, General Hospital Kandy. Proceedings and Abstracts of the 34th Annual Academic Sessions of the Kandy Society of Medicine, 2012; Pg. 78.
- XXXVII. Dissanayaka TD, Kariyawasam A, **Pallegama RW**, Suraweera HJ. Effectiveness of transcutaneous electrical nerve stimulation and interferential therapy on increasing cervical extension in myofascial pain syndrome patients. Proceedings and Abstracts of the 35th Annual Academic Sessions of the Kandy Society of Medicine, 2013; Pg. 84.
- XXXVIII. Ganearachchi IN, Samaranyake PGWS, Wickramathunga PGIS, Kudagammana T, Rathnayake C, Gawarammana I, **Pallegama R**, Mudiyanse RM. Impact of the introductory clinical Appointment on the patient-centred attitudes of third-year medical students of the Faculty of medicine Peradeniya. Proceedings and Abstracts of the 35th Annual Academic Sessions of the Kandy Society of Medicine, 2013; Pg. 85.
- XXXIX. Mudiyanse RM, **Pallegama R**, Jayalath T, Dharmaratne S. Comparison of patient-centred attitudes among 1st, 3rd, and 5th-year medical students of the Faculty of Medicine, Peradeniya. Proceedings and Abstracts of the 35th Annual Academic Sessions of the Kandy Society of Medicine, 2013; Pg. 87.
- XL. Nileema AJSP, Nuwan DMJ, **Pallegama RW**, Jayasinghe RD. Development of brief inventory for quality evaluation of panoramic radiographs. Proceedings of the Peradeniya University International Research Sessions, 2015; Vol.19: Pg. 191.
- XLI. Thilakumara IP, Anandamoorthy T, Jayasinghe JAVP, Pallegama R. Factors associated with patients' use and satisfaction with complete dentures. Proceedings of the Peradeniya University International Research Sessions, 2015; Vol.19:Pg. 202.
- XLII. **Pallegama RW**, Sitheequ MAM, Kumarasiri PVR. Cardiovascular responses to experimental chewing. Proceedings and Abstracts of Annual Research Session of the University of Peradeniya. 1999; Pg 47.
- XLIII. **Pallegama RW**, Weerasinghe VS, Ranasinghe AW Masseter and temporalis electromyography in normal dentulous subjects. The book of Abstracts of the Kandy Society of Medicine, February 2000; Pg.28.
- XLIV. **Pallegama RW**, Arambawatta AKS, Mendis BRRN, Thattil RO. Predictors for Academic Performances of First Year Dental Students. Proceedings and Abstracts of the Annual Scientific Sessions of Sri Lanka Dental Association, June 2000; Pg.25.
- XLV. **Pallegama RW**, Sitheequ MAM, Weerasinghe VS, Ranasinghe AW Reliability of handheld EMG monitoring device. Proceedings of the Annual Research Sessions of Physiological Society of Sri Lanka, 2000; Pg.3.
- XLVI. **Pallegama RW**, Sitheequ MAM, Weerasinghe VS. Dentoalveolar Mechanoreceptors in reflex regulation of masticatory force. Annual Research sessions of the Kandy Society of Medicine, Sri Lanka, February 2001; Pg.66.
- XLVII. **Pallegama RW**, Sitheequ MAM, Weerasinghe VS, Ranasinghe AW Electromyographic (EMG) activity of muscles of mastication in temporomandibular joint and masticatory muscle disorders: A preliminary study. Annual Research sessions of the Kandy Society of Medicine, Sri Lanka, February 2001; Pg. 21.

- XLVIII. **Pallegama R**, Aridome K, Baba K, Ohyama T. Patients' preference of major connector design of removable partial dentures. 82nd General Sessions of International Association for Dental Research, Honolulu, USA. 2004; Abstract 418.
- XLIX. **Pallegama R**, Namano S, Aridome K, Baba K, Puranaveja S, Ohyama T. Do Patients Have a Preference for Major Connector Designs? A Multi-center Evaluation. J Jap Prosthodont Soc. 2004; 2-4-5, Pg.190.
- L. **Pallegama RW**, Ariyasinghe S, Nanayakkara D, Perera HAED. Students' Attitudes Towards Language Proficiency Influence Their Academic Performances. Annual Scientific Sessions of the Sri Lanka Dental Association (Kandy Branch). April 2007; Pg.14.
- LI. **Pallegama RW**, Ariyasinghe KSN, Amarasena JKC. Curriculum Revision of the First Year Teaching Programme of the Faculty of Dental Sciences. Proceedings of the Annual Meeting of the Physiological Society of Sri Lanka, 2007; Pg. 17.
- LII. **Pallegama RW**, Ariyawardena SPAG, Ranasinghe AW, Sitheeque MAM and Glaros A. Development and Validation of the Sinhala Version of Pain Catastrophizing Scale. 3rd Congress of ASEAPS and NeuPSIG. Bali, Indonesia. April 2009.
- LIII. **Pallegama RW**, Ariyawardan SPAG, Ranasinghe AW, Sitheeque MAM, Glaros A. Pain-related catastrophizing and personality traits in a sample of Sri Lankan chronic pain patients. A preliminary study. Annual Scientific Sessions of the Sri Lanka Association for the Study of Pain. December 2009.
- LIV. **Pallegama R**, Ariyawardan A, Ranasinghe AW, Sitheeque MAM, Glaros A. Pain-related catastrophizing and personality traits in a sample of Sri Lankan chronic pain patients. 13th World Congress on Pain, International Association for the Study of Pain, Montreal, Canada. 2010; Abstract cd Presentation Number: PW 038.
- LV. **Pallegama RW**, Ariyasinghe S, Perera ED, Treede RD. Influence of pain catastrophizing and personality traits on memory of acute pain experience in healthy young adults. 14th World Congress on Pain, International Association for the Study of Pain, Milan, Italy. 2012; PT361.
- LVI. Jayasinghe R, Senarathne V, Sitheeque M, Nanayakkara S, **Pallegama R**, Athauda S. Hematological and hepatic effects of antiepileptic treatment in trigeminal neuralgia – A retrospective study. 37th Asia Pacific Dental Congress. Suntec. Singapore. April 2015; Pg 78.
- LVII. **Pallegama R**. Current status and future challenges in teaching neurophysiology in Sri Lanka. Proceedings of the 120th Annual Meeting of the Japanese Association of Anatomists and the 92nd Annual Meeting of the Physiological Society of Japan. March 2015; S23-5.
- LVIII. **Pallegama RW**, Sitheeque MAM. Changes in Cardiovascular and respiratory functions and body temperature in response to experimental gum chewing and their relationship to muscle fatigue. College of Dentistry and Stomatology of Sri Lanka. 14th Annual Academic Sessions, December 1999.
- LIX. Fonseka MCN, Wijerathne KM, Wettasinghe KA, **Pallegama RW**. Evaluation of the accuracy of four different electronic apex locators in working length estimation. IFEA – 8th World Endodontic Congress, Athens, Greece. October 2010.
- LX. Mudiyanse RM, **Pallegama RW**, Olupeliyawa A, Marambe KN, Chandratilake C, Krupat E. Patient centeredness of Medical graduates in Sri Lanka as measured by Patient practitioner orientation scale (PPOS). Proceedings 3rd SEARAME and 2nd FOSME conference, Colombo, Sri Lanka. November 2014; Pg. 65.
- LXI. S. M. Range, P. H. P. Rodrigo, R. P. S. S. Rathnayake, **R. W. Pallegama**. Impact of Pain Catastrophizing and Pain Sensitivity on Acute Pain Experience and its Recalled Ratings

in Healthy Dental Students. In: Book of Abstract, Volume I. STURESYS, Faculty of Dental Sciences; 2022, 17th September 2022, Peradeniya, Sri Lanka.

17. Guest Lectures/Symposia

Contribution to Symposia as a Guest Speaker

1. Sleep Bruxism: Pathophysiology and Clinical Significance. Sri Lanka Dental Association-Annual Scientific Sessions. June 2007. Conference Manual
2. Why should general practitioners know more about pain? Sri Lanka Dental Association-Annual Scientific Sessions. Book of Abstracts. June 2009.
3. The Symposium on "Orofacial Pain: Dilemma of Management". Sri Lanka Dental Association (Kandy Branch), Annual Scientific Sessions. The Program and Abstracts. 2009.
4. Interactive Joint Symposium with KSM on Orofacial Pain: Psychophysiology of pain on 13th February 2010, at 32nd Annual Academic Sessions, The Kandy Society of Medicine, 2010
5. Oral Somatosensory Mechanisms and its Clinical Correlates. 7th Annual Conference of Sri Lanka Academy of Aesthetic and Cosmetics Dentistry. 23rd & 24th October 2010, Colombo, Sri Lanka
6. Clinical Applications of Current Pain Concepts. Joint International Conference and 80th Anniversary Annual Scientific Sessions of the Sri Lanka Dental Association. 27th June to 1st July 2013, Colombo, Sri Lanka
7. Resource person at students' workshops on Research Projects and Presentations on 22nd January 2015 and 29th July 2015

18. My Participation as a Resource Person

1. I was a resource person (teaching and evaluation) for the induction program conducted for probationary academic staff conducted by the Staff Development Center of the University of Peradeniya (This is a six-week long program including one-theory and one-skills teaching sessions done by participating new academic staff). I have contributed in areas such as education philosophy, teaching methods, learning strategies and styles, **Outcome Based Education and Curriculum Development**, Use of digital visuals as teaching aids, open source apps and services in teaching, research methodology, memory and learning, **Quality Assurance**, workplace conflict malmanagement etc.
 - 1.1. 2010
 - 1.2. 2012
 - 1.3. Two programs in 2013, January to March and August to October
 - 1.4. Two programs in 2014 (February to April and September to October)
 - 1.5. Two programs in 2015 (from April to May) and from October to December)
 - 1.6. 2016 (from April to May) and from October to December)
 - 1.7. Two programs in 2017 (from April to May) and from October to December)
 - 1.8. 2018 (from April to May) and from October to December)
 - 1.9. 2019
 - 1.10. 2020
 - 1.11. 2021
 - 1.12. 2022
 - 1.13. 2023
2. Clinical Photography workshop in 2009 conducted by the Sri Lanka Orthodontic Society, Colombo in November 2009

3. Workshop on Temporomandibular Disorders organized by Sri Lanka Orthodontic Society Colombo July 2010
4. Pain Management workshop for primary care doctors and nurses at District General Hospital Nuwaraeliya in July 2010
5. Pain Management workshop for primary care doctors and nurses at District General Hospital Dambulla in August 2010
6. Pain Management workshop for primary care doctors and nurses at Teaching Hospital Kandy in September 2010
7. Clinical Photography workshops organized by the Sri Lanka Academy of Aesthetic and Cosmetic Dentistry on 22nd September 2010
8. Pain Management workshop for primary care doctors and nurses at Base Hospital Gampaha on 29th September 2010
9. Contribution to a one-day workshop for general dental practitioners on 10th June 2012 at the OPA Auditorium, Colombo
10. Pain Management workshop for primary care doctors and nurses at Teaching Hospital Anuradhapura- March 2011
11. Pain Management workshop for primary care doctors and nurses at Base Hospital Polonnaruwa- April 2011
12. Pain Management Workshop the Medical students of the final year (Peradeniya Medical Faculty)- 11th October 2011
13. Pain Management Workshop the Nursing Students of the final two years (NTS –Kandy)- 1st March 2012
14. A resource person (One of the 3-member international panel) at the Workshop on Episodic Pain Memory, 14th World Congress on Pain, 2012, Milan, Italy
15. Pain Management Workshop the Allied Health Science Students of the Physiotherapy, Nursing, Radiotherapy,
16. Pain Management Workshop for the Dental Students of the final two years (Dental Faculty, University of Peradeniya 9th March 2013
17. A resource person in the workshop conducted by the Faculty of Allied Health Sciences University of Peradeniya on Students' Grading (Standard Setting)
18. Resource Person on a workshop titled "Current Concepts in Pain Management" organized by the College of Dentistry and Stomatology, Sri Lanka, on 17th August 2013 in Colombo
19. Resource person at the workshop conducted by the College Dentistry and Stomatology on "Clinical Photography and Clinical Records" on 7th June 2014 in Colombo
20. Resource person for the Curriculum Development workshop conducted at Horizon Campus, Colombo, on 28th August 2015 and 2018
21. Resource person for the Curriculum Development workshop conducted at SAIMT on 30th October 2015
22. Resource person for the PG trainees Short Course in Research Methodology" organized by the Postgraduate Unit of the Faculty of Dental Sciences
23. Resource person for the curriculum Development Workshop conducted for the Academic Staff Members of the Department of Botany of the University of Peradeniya organized by the Head of the Department on 18th December 2015
24. Resource Person at the Workshop on Ethical Issues in Research and the Ethics Review Process conducted by the Ethics Review Committee of the Faculty of Dental Sciences for the researchers and postgraduate trainees of the Faculty
25. Resource person for a half-a-day curriculum development workshop organized by the Faculty of Science, University of Peradeniya, in 2016 (for all academic departments)
26. Resource person in many workshops and continuous development programs conducted targeting different categories of non-academic staff. These included sessions on quality

assurance and related topics that enhance productivity, efficiency, and quality of service and life.

27. Regular resource person to Staff Development Training Programmes (Induction training and Continuous Professional Development) from 2018 at SLIIT on curriculum development
28. Regular resource person to Staff Development Training Programmes (Induction training and Continuous Professional Development) from 2017 at the Sabaragamuwa University of Sri Lanka on Curriculum Development and Outcome Based Education
29. Resource person at several Two-day workshops at the SDC of Rajarata University of Sri Lanka on Outcome Based Education and Curriculum Development
30. A two-day workshop on Outcome Based Education and Curriculum Development at the Uwa Wellassa University
31. Sessions on Quality Assurance at the Faculties of Science, Agriculture, Allied Health Sciences, Engineering, Veterinary Medicine and Dental Sciences targeting academic staff and non-academic staff of all categories
32. Contribution to CPD programmes of the University of Vavuniya
33. Resource person at the workshop on the Use of JASP Statistical Software for the academic s of the Faculty of Dental Science. 7th June 2022.

Workshops Organized by Me

34. Essentials and strategies in Curriculum Revisions, I was a resource person (moderator) as well at the Hotel Tourmaline, Kandy (a 2-day workshop), which was supported by IRQUE, UGC
35. Pain education workshop series organized for Primary Care Doctors and Nurses in the country using a competitive pain education grant from the International Association for the Study of Pain (IASP) during the period 2010 to 2013
36. Workshop on the ethics review process of the Faculty of Dental Sciences targeting younger researchers of the Faculty in July 2015
37. Number of workshops/training programs organized for the academic and non-academic staff members of the University system as the Director of the Staff Development Center of the University of Peradeniya since October 2015.
38. Number of workshops/training programs organized for the academic and non-academic staff members of the University of Peradeniya as the Director of the Center for Quality Assurance of the University of Peradeniya since February 2020.

Acting as a Chairperson in Research/Scientific/Academic Conferences

39. Chairperson (in two sessions) of the 32nd Asia Pacific Dental Congress, 12th to 16th May 2010, Colombo
40. Chairperson at the FDI/CDA/SLDA Joint International Conference & 80th Anniversary Annual Scientific Sessions of the Sri Lanka Dental Association 28th to 30th June 2013, Colombo, Sri Lanka
41. Chairperson at the Annual Scientific Session of the Sri Lanka Dental Association (Kandy Branch) on 13th October 2013

Acting as a referee/judge in Research/Scientific/Academic Conferences

42. 32nd Asia Pacific Dental Congress
43. The Annual Scientific Sessions of the Sri Lanka Dental Association (Kandy Branch) on 17th January 2016, Kandy
44. Reviewer to
 - 44.1. Sri Lanka Dental Journal
 - 44.2. BMC Oral Health

19. *Published Scientific Communications/Reviews (within the discipline)*

- I. Pallegama RW. Pain: An update for General Dental Practitioners. *The General Dental Practitioner*, 2010; 27: 35-38
- II. Pallegama RW. Cardiopulmonary resuscitation (CPR): A basic life support mechanism to be used in the dental clinic. *Mirror and Probe Magazine 2000 (Millennium Edition)*; XVII: 27-29.
- III. Pallegama R. Measurement of Orofacial Pain: A Broader Perspective. *Sri Lanka Dental Journal*. 2011; 41: 39-45. (Featured Article)

20. *International Conferences Attended*

- I. Participation as a member of the two-member Sri Lankan delegate at the Joint Meeting of the 120th Annual Meeting of The Japanese Association of Anatomists, the 92nd Annual Meeting of The Physiological Society of Japan, from March 21- 23, 2015, in Kobe, JAPAN
- II. IASP 2012 14th World Congress, Milan, Italy. Presented research and participated as a resource person for a topical workshop
- III. Participation at the 13th World Congress on Pain in Montreal, Canada, in 2010- presented two abstracts
- IV. Participation at the 3rd Congress of the Association of South-East Asian Pain Societies (ASEAPS) in Bali, Indonesia, 2009 as the Sri Lankan Delegate- presented an abstract
- V. Chief referee of oral and poster presentations at the 32nd Asia Pacific Dental Congress held in Colombo, 2010
- VI. Participation at the first International Congress on Mastication held in Yokohama, Japan in 2002
- VII. Participation at the 82nd General Sessions of the International Association for Dental Research (IADR) in Hawaii 2004 as a student member- presented an abstract

21. *Organizing conferences*

- I. Organizing 1st Annual Scientific Sessions of Sri Lanka Association for the Study of Pain (SLASP) in December 2009 in Kandy, Sri Lanka, as the Secretary of the Association
- II. Organizing the 2nd Annual Scientific Sessions of Sri Lanka Association for the Study of Pain (SLASP) on 17th December 2010 in Kandy, Sri Lanka, as Vice-President and the Acting Secretary of the association
- III. Organizing the 3rd Annual Scientific Sessions of Sri Lanka Association for the Study of Pain (SLASP) on 17th December 2010 in Kandy, Sri Lanka, as Vice-President and the Acting Secretary of the association
- IV. Member of the Organizing Committee of the Peradeniya University Research Sessions from the year 2007 to 2016
- V. Organizing the Annual Sessions of the Sri Lanka Dental Association (Kandy Branch) in 2007
- VI. Organizing the Regional Sessions of the Physiological Society of Sri Lanka in 2015

22. *Extra-Curricular Activities (Photography)*

22.1. *Digital Infrared Photography*

- A pioneer in introducing a unique photography technique called Digital Infrared photography to Sri Lanka

22.2. Book Chapter

- Pallegama R. 2010. Digital Infrared Photography, Beyond the human eye: In Gunasekara U.G. (ed). Prabhalekhana Sanhitha . (pp 85-91). Colombo: Sri Lanka National Photographic and Art Society.
- Pallegama R. 2014. Memory, Teaching and Photography. In Arunasiri H and Samarakoon A. (ed). Berty Gunasekara: an eternal legend. (pp 223-230). Colombo: Senkadagala Photo Circle and the Department of Fine Arts, University of Peradeniya.
- Pallegama R. 2016. The Scientific Basis of Modern Infrared Photography. In. Wickramasinghe LJM & Abeygunawardena D. (ed.). "Rupawalokana". Dept of Cultural Affairs, Sri Lanka. 2016

22.3. Written Communications:

- Pallegama RW. Henry Cartier-Bresson. Kandy Alliance Bulletin. 2010; 32: 3-5.
- Pallegama RW. Invisible Spectrum. Kandy Alliance Bulletin. 2010; 31: 6-8.

22.4. Resource Person in Workshops and Presentations:

- Interactive presentation on Digital Infrared Photography on 26th June 2010 at the Auditorium of Debug Computers Ltd, Organized by Senkadagala Photo Circle.

22.5. Solo Photography exhibitions:

- Solo Photography exhibitions were held on '**Beautiful Japan**' in 2007 at the Faculty of Dental Sciences, University of Peradeniya, parallel to the Third Country Training Program (TCTP).
- 'Invisible Spectrum' Digital Infrared Photography in February 2010 at Alliance Française de Kandy, Kandy.
- 'Invisible Spectrum' Digital Infrared Photography in February 2010 at Department of Fine Arts, University of Peradeniya in August 2010.
- Became the Gold Prize winner in an international photography competition organized by Japan Times and held in Tokyo in 2005.

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